

THE DEVELOPMENT PROJECT

DISCIPLE GUIDE

MODULE 1 - SESSION 1

Disciple Guide Module 1, Session 1

Core Focus: Transitioning from Arrested Development to Abiding Development

Video Questions and Statements

1. The slow _____ of _____ in the Lord is simply God's way of growing me up.

2. I can allow God to reveal _____ to me.

3. I can begin to come into _____ and _____ with Him.

4. I was born _____ from God and therefore, left to what I and others could provide to meet my core needs.

5. Another term for being stuck is _____ development.

6. I am being led, by God, into a stronger understanding of what is happening
_____ of me.

7. The Development Project will focus on my _____ reality
not my _____ image.

8. What are possible indicators that I might be STUCK in my development?

9. What do I do when I am under pressure?

10. What are some of the emotions that rise up in me when I am under pressure?
How do these emotions affect my relationships and decision-making?

11. Are there vows I made early in life that I continue to use to protect myself in
current situations and relationships? Have I ever made an internal vow such as, "I'll
never put myself out there again"?

12. Write down one core vow I go to when things become overwhelming, agitating or painful.

13. What does it mean that “God was always meant to be the source within me for everything”?

14. How does my private reality differ from my public image?

15. What are my key takeaways from this session?

Core Question: How could remaining stuck & self-reliant affect my destiny with Him?

Closing Encouragement:

- This journey is about **real, lasting transformation**, not just surface-level change.
- Be honest in your reflections—this is between you and God.
- Ask God to **reveal areas where He wants to bring growth and freedom**.
- Stay committed—this is the beginning of a profound shift in your spiritual development.

“God desires to develop you into the person He always intended you to be. Trust Him with the process.” (Watchman Nee)

God takes good care of those who let Him. (Watchman Nee)